



Facial Aesthetic Treatments (Dermaplaning, HydraFacial, Chemical Peels, other Facial Treatment)

Facial Aesthetic Pre-Treatment Instructions

- Avoid sun exposure, waxing, peels, or any other aggressive exfoliating facial treatments (glycolic, enzymes) for at least one week prior to treatment.
- Avoid OTC acne medications (Benzoyl Peroxide, Salicylic) for 48 hours
- Avoid topical prescription medications (Retin-A, Tazorac, Differin, EpiDuo, etc) for 48 hrs
- Treatment area cannot have an active herpes breakout, open wounds or infection
- Must not have had any medium/deep chemical or ablative/non ablative laser treatments within the past month prior to treatment
- Must wait 14 days after receiving Botulinum toxin and 1 month after Dermal Fillers to receive treatment
- You must notify us,
 - if you have taken Accutane within the last 6 months, as you cannot be treated
 - if you are on any medications (topical and/or oral), have any medical conditions, or are being treated by a physician for any conditions or any changes in your medications, medical history, or new or existing allergies, or are undergoing cancer treatment, or if you are taking any cancer medications.
 - if you are prone to or cold sores or herpes simplex as you may be recommended to take Valtrex, which may be taken starting 1-2 days before.
 - If you are pregnant or breastfeeding, please inform us as we will choose only a treatment that is safe during this time.

Facial Aesthetic Post-Treatment Instructions

- Use a gentle cleanser and apply moisturizer at least twice daily for a minimum of 7 days post treatment.
- Avoid sun exposure after treatment and apply Sunscreen SPF 50 with Zinc or Titanium
- Avoid excessive heat 3 days post treatment if possible, i.e. heavy workouts, steam/sauna
- Avoid facial waxing for at least 10 days.
- Do not pick, scratch, or aggressively rub the treated area. No scrubs, polishers, or aggressive brushes should be used for 7 to 14 days.
- You may experience slight peeling or slight wind burn sensation is normal for the first few days. Skin care products may tingle or slightly burn as well.

Please call us at (734) 249-8722 for any concerns

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